

## **My experience with Vermione products.**

I have been working as a doctor in dermatovenerology field in a private practice since 1996. I first got acquainted with enzyme therapy products from California earthworm's extracts 2 years ago. Since then I have been using them regularly in my practice with good and very good results. Gradually, I and my patients have tried all the products.

The longest experience I have with Vermione ALFA and Vermione BETA cream. ALFA contains more effective active extract (15%) than BETA cream, which has 8%, but is more oily. Both creams can be used separately depending on the skin type, but they can also be used as day cream (ALFA) and night cream (BETA). Patients with eczema and psoriasis respond favorably to the use of these products. I use this treatment either as an addition to conventional therapy or as a separate therapy alone. Vermione ALFA has repeatedly proved to be very effective in correcting pigment spots, especially on the face but also elsewhere on the body. In some cases, they may disappear even after just one package has been used! It is suitable to use this cream also for the treatment of red veins on the face, including rosacea. It has the ability to regenerate the skin even after various forms of irradiation. I have good experience in using it on patients after they undergone laser treatment. I was not in the care of patients with radiodermatitis, so I can not evaluate this product based on that.

When used on larger surfaces, Vermione MILK (with 5% enzymes), is well tolerated even with delicate baby skin. It relieves itching in the case of atopic dermatitis in particular, but can also be applied to other forms of eczema and psoriasis. It can also be recommended as a preventive treatment of pregnant women in the prevention of stretch marks, because the treated skin is more flexible, does not dry out and better retains its natural structure.

Vermione STRONG cream is the cream with the highest enzyme concentration of 25%. In this way, it can penetrate deeper layered skin better and can be advantageously used, for example, in the treatment of varicose dermatitis with a tendency to produce leg ulcers, scar changes, but also to prevent them after surgery. Vermione STRONG also speeds up the absorption of hematomas.

I use Vermione GEL with 4% extract with very good results especially in the treatment of cold sores, where it significantly speeds up their healing. It is useful in my field even in milder forms of oily acne skin, which helps to dry and reduce the inflammatory changes.

Vermione HA 35+ is enriched with hyaluronic acid, vitamin E and hydrolyzed collagen and has a total of over 20% of active ingredients. In my practice, it has proven to be a helper with anti-aging effect in preventing and reducing facial wrinkles in middle and older women.

The great advantage of all these products is their very good tolerance and due to their composition also favorable price.

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